

Classes

Monday

10.00 – 12.30 Whist [Small Hall](#)
10.00 – 12.00 Card Crafts [Activity Room](#)
10.00 – 11.30 Tai Chi [Main Hall](#)
12.15 – 13.30 Ballroom Practice [Main Hall](#)
12.30 – 14.30 Art [Activity Room](#)
14.00 – 16.00 Indoor Bowls [Main Hall](#)
14.30 – 16.00 Choir [Lounge](#)
Snooker – All Day [Games Room](#)

Tuesday

10.00 – 11.00 Yoga [Main Hall](#)
10.00 – 12.00 Crafts [Activity Room](#)
11.05 – 12.05 Pilates [Main Hall](#)
11.10 – 12.10 Sit Down Yoga [Small Hall](#)
12.10 – 13.10 Keep Fit [Main Hall](#)
12.45 – 14.45 Flower Arranging [Small Hall](#)
13.00 – 13.30 Bingo [Lounge](#)
13.20 – 14.20 Line Dancing [Main Hall](#)
13.30 – 15.30 Chess [Games Room](#)
14.45 – 16.45 Indoor Bowls [Main Hall](#)
Snooker – AM [Games Room](#)

Wednesday

10.00 – 11.00 Keep Fit [Main Hall](#)
10.00 – 11.00 Sit Down Keep Fit [Small Hall](#)
10.00 – 12.00 Beading [Activity Room](#)
12.20 – 13.50 Ballroom/Latin Dancing
13.30 – 15.30 Art [Activity Room](#)
14.00 – 16.00 Indoor Bowls [Main Hall](#)
13.00 – 14.00 Beginners Yoga [Small Hall](#)
Snooker – All Day [Games Room](#)

Thursday

09.30 – 12.30 Bridge [Small Hall](#)
10.00 – 12.00 Crafts [Activity Room](#)
11.00 – 11.45 Well Being [Main Hall](#)
12.10 – 12.55 Fit Steps [Main Hall](#)
13.00 – 14.00 Line Dancing [Main Hall](#)
13.00 – 15.30 Computer Class [Small Hall](#)
13.30 – 15.30 Ceramics [Activity Room](#)
14.15 – 16.15 Indoor Bowls [Main Hall](#)
Snooker – All Day [Games Room](#)



Friday

10.00 – 12.00 Tai Chi [Main Hall](#)
10.30 – 11.30 Book Club [Lounge](#)
(Second Friday of each month)
11.15 – 12.00 Sit Down Keep Fit [Small Hall](#)
12.30 – 14.30 Art [Activity Room](#)
13.00 – 13.30 Bingo [Lounge](#)
14.00 – 16.00 Darts [Small Hall](#)
Snooker – All Day [Games Room](#)

Trips and outings advertised on the notice board

Monthly membership £4 plus:
One off £4 Committee fee for Basildon Borough Residents
One off £6 Committee fee for outside Basildon Borough Residents
Classes cost £2.50 - £3.50
Members from other centres pay an additional £1 per class

The George Hurd Activity Centre

The Tea Bar is open
between
10am and 3pm
Monday to Friday

Hot meals are available
on Mondays

Fish and chips are
available on Fridays
Orders must be in by
11am

The George Hurd Activity Centre

Hairdresser

**There is an onsite hairdresser on
Mondays and Fridays**

**Contact Tina on 07731 399756
to book an appointment**



The George Hurd Activity Centre

**The George Hurd Over 50
Activity Centre
Audley Way
Basildon
SS14 2FL
01268 205305**

georgehuractivitycentre@basildon.gov.uk
www.basildon.gov.uk/ghc
www.georgehurdcetre.co.uk

**New members welcome
Find us on Facebook
“George Hurd Activity Centre For
Over 50s”**

