

Week 1

SUMMER OF SPORT

FIND
YOUR
ACTIVE
BASILDON

Free borough activities

Saturday 20 July

parkrun 5km (you can run, walk or skip)

09:00 Locations: Northlands Park, Lake Meadows and Wickford Memorial Park

ATF Summer of Sports community activities

ParkPlay Sessions (Register online at www.park-play.com/)

09.30 - 11:00 Markhams ParkPlay "Summer of Sport", Markhams Chase Recreation Park, Laindon

09.30 - 12:00 Vange ParkPlay "Summer of Sport", Vange Primary School

10:30 - 11:30 Mopsies ParkPlay "Summer of Sport", Mopsies Park

11:30 - 13:00 Mopsies family fun, Mopsies Park

13:00 - 15:00 Markhams "ATF Euros" Football for young people, Markhams Chase Recreation Park, Laindon

Sunday 21 July

Junior parkrun 2km (Ages 4-14)

09:00 Locations: Northlands Park and Lake Meadows (you can run, walk or skip)



BasildonCouncil